

## YOUTH ACTIVITIES

### America's Youth Outreach - Tae Kwon Do

America's Youth Outreach Karate is a goal oriented self defense and safety program designed to promote a higher level of self-confidence, discipline, physical fitness, concentration, and self esteem. Advancement in rank is offered from beginner to black belt. Weekly tuition is affordable with family discounts for 2nd and 3rd children. Uniforms (Gi) and equipment are available at class but are not mandatory. Preregistration is not required. Students may register at the 1st three classes of each semester. Call 951 369-9700 for more details.



- Instructor:** Tomas Shmauz  
**Dates:** January 12-March 30 / 12 weeks  
 April 6-June 22 / 12 weeks  
**Time:** Wednesdays 5:15-5:55pm New Students  
 6-6:40pm Returning Students 5-7 yrs  
 6:45-7:20pm Returning Students 8 & Up  
**Fee:** \$7 per week/1 child  
 \$6 per child/per week/2 children  
 \$5 per child/per week/3 children  
**Age:** 5-18  
**Class Limit:** 20-40

### Tumbling/Creative Movement



Webby Dance Company's Tumbling class introduces basic tumbling and balancing skills, obstacle courses, and exciting routines. The children will explore different gymnastics stations such as mini trampoline, balance beam, tunnel, tumbling mat, rhythmic ribbon, and other creative equipment.

- Instructor:** Webby Dance Staff – Melissa Rash  
**Session I:** 2/2-2/23  
**Session II:** 3/2-3/23  
**Session III:** 4/6-4/27  
**Session IV:** 5/4-5/25  
**Time:** Wednesdays 9:45-10:15am  
**Fee:** \$44/4 week session  
 \$20 to instructor at first class  
 (includes t-shirt)  
**Age:** 2-6  
**Class Limit:** 3-12



### Preschool Ballet



Webby Dance Company's ballet class introduces children to the basic techniques of ballet. This class helps children to develop and improve many skills such as strength and coordination, self-esteem, social skills, and listening skills. Ballet shoes are required.

- Instructor:** Webby Dance Staff – Melissa Rash  
**Session I:** 2/2-2/23  
**Session II:** 3/2-3/23  
**Session III:** 4/6-4/27  
**Session IV:** 5/4-5/25  
**Time:** Wednesdays 10:15-10:45am  
**Fee:** \$44/4 week session  
 \$20 to instructor at first class  
 (includes t-shirt)  
**Age:** 2-6 **Class Limit:** 3-12

### Preschool Yoga



This class introduces children to the basic yoga techniques as well as body awareness. This class helps children to develop and improve coordination, social skills, listening skills and self esteem.

- Instructor:** Webby Dance Staff – Melissa Rash  
**Session I:** 2/2-2/23  
**Session II:** 3/2-3/23  
**Session III:** 4/6-4/27  
**Session IV:** 5/4-5/25  
**Time:** Wednesdays 10:45-11:15am  
**Fee:** \$44/4 week session \$20 to instructor at first class (includes t-shirt)  
**Age:** 2-6 **Class Limit:** 3-12